

<p>Introduction . Overview of unit Expectations of students Equipment</p> <p>Demonstration Exposure to shots Dispel myths</p>	<p>Warm-up: All-class stretching</p> <p>Introduce skills Grip Footwork Overhand clear Underhand clear</p>	<p>UNIT PLAN: BLOCK PLAN</p> <p>Name: <u>Steve Henkel</u></p> <p>School: <u>Bethel High School</u></p> <p>Grade: <u>11th</u></p> <p>Unit: <u>Badminton</u></p>
<p>Warm-up: All-class stretching</p> <p>Review footwork Baseline evaluations: Clear shots</p> <p>Introduce serves Singles clear serve Doubles short serve Combine serves and clears</p>	<p>Warm-up: Rope jumping & stretching individually</p> <p>Baseline evaluations: Serving</p> <p>Introduce drop & cut shots</p> <p>Modified game integrating all skills learned</p>	<p>Warm-up: Jogging & stretching individually</p> <p>Review drop & cut shots Introduce hairpin shot</p> <p>"Net game"/hairpin & drop shots</p> <p>Practice shots of personal choice</p>
<p>Warm-up: "Python" & all-class stretching</p> <p>Explain singles rules</p> <p>Two stations: Play singles game(s) Individual drills combining serves & clears</p>	<p>Warm-up: Rope jumping & stretching individually</p> <p>Explain singles strategy</p> <p>Two stations: Play singles game(s) Individual drills on footwork & fitness</p>	<p>Warm-up: Jogging & stretching individually</p> <p>Introduce alternative serves</p> <p>Practice serves, clears, drop, & cut shots</p> <p>Introduce overhead smash</p>
<p>Warm-up: Agility drill & all-class stretching</p> <p>Review hairpin shots</p> <p>Combine clears & smashes</p> <p>Two stations: Play singles game(s) Film loops: Doubles rules</p>	<p>Warm-up: Rope jumping & stretching individually</p> <p>Practice shots of personal choice</p> <p>Two stations: Play singles game(s) Film loops: Doubles serving rotation</p>	<p>Warm-up: Jogging & stretching individually</p> <p>Practice doubles serves</p> <p>Walk through serving rotation</p> <p>Explain doubles strategy</p> <p>Play doubles points</p>
<p>Warm-up: "Around the world" & all-class stretching</p> <p>Practice shots of personal choice</p> <p>Skill evaluations: Clear shots & serving</p>	<p>Written exam: Rules Techniques for skill execution Application of skills: Strategy</p>	<p>Warm-up: Aerobic calisthenics video</p> <p>Doubles play</p> <p>Make-up evaluations: Skills Written</p>